

## **CORTON WOODS**

Our regular band of volunteers continue to meet most Thursday mornings throughout the year. Much of the time is spent on regular maintenance – keeping the paths open so local residents and visitors are able to walk safely through the woods and enjoy the peaceful surroundings. “Forest bathing” is something we read about now – it purports to be very good for mental health as well as physical health. In other words - an opportunity for a pleasant walk through the woods.

We were lucky enough to receive a further donation of daffodil bulbs from East Suffolk Council last autumn, and they put on a good show this spring. The daffodils which were planted in previous years are slowly spreading - as are the foxgloves, which seeded prodigiously last autumn – so we are hoping for a good show in years to come.

Thanks must go to David Fermor for his persistence in trying to find the cause of the road flooding at the dip in the road by Tramps Alley, and to him and all the other volunteers for their hard work in digging out the ditches in order to prevent future regular flooding of this road.

A lot of hard work has also gone into clearing the area at the southern end of the meadow, including much needed repair of the fencing. Also, during the past year, some mature trees have come down during gales and this gives us the opportunity to consider what fresh planting may be needed.

Thanks must go to all the volunteers who continue to turn up each week and maintain the woods for all to enjoy.